

## Conditions We Treat

### Posture and Body Alignment

## Posture & Body Alignment in Alpharetta, GA

When your gait is off and your body is not aligned properly, it will impact your ability to walk, run and move effectively and lead to more complications over time.

We will work with you to do a full postural and body alignment. This helps us to detect problem areas and start a program to fix the problem before it gets worse.

In cases where you are already in bad pain, we will work with you to customize a course of therapy that not only treats your pain, but gets to the root cause of it.

Check out our guide on the [importance of posture](#) along with other [useful articles on posture and body alignment](#) in our patient education section.